CONTACT:

Erin Boyd 480.345.5417 erin.boyd@aurorabehavioral.com www.auroraarizona.com



480.345.5400

Aurora Behavioral Health System East Holds Groundbreaking Ceremony for Mental Health Hospital Expansion

Facility Expansion Will Help Meet the Growing Mental Health and Substance Abuse Needs of the Area

TEMPE, Ariz. - June 17, 2015 - City leaders and local mental health providers joined Aurora Behavioral Health East today as it held its hospital expansion groundbreaking ceremony. With the expansion, Aurora will add 63 inpatient beds and increase its outpatient services capacity to help support the growing mental health and substance abuse needs in the Phoenix area for adults and adolescents.

Mental health and addiction issues affect individuals in all walks of life and at various times in life. The U.S. Department of Health and Human Services' National Institute of Mental Health (NIMH) estimates the number of adults with any diagnosable mental disorder within the past year is nearly one in five, or roughly 43 million Americans. And, over 20 million (one in 12) American adults have a substance abuse disorder as the Substance Abuse and Mental Health Services Administration (SAMHSA) reports. This equates to 861,000 Phoenix metropolitan area adults (28%) suffering from these ailments. Among youth ages 13-18, suicide remains the second leading cause of death, according to the CDC's WISQARS™. And, four out of five teens who attempt suicide have given clear warning signs.

Family members and parents often struggle with locating appropriate and timely resources when a loved one is in need of mental health or addiction services finding themselves in medical emergency rooms that are not properly equipped to handle psychiatric emergencies. In turn, emergency departments continue to see their psychiatric patient volume rise and often encounter challenges in finding psychiatric beds available for these patients.

Aurora's facility expansion will aid in this daily healthcare challenge as well as continue to encourage early treatment and intervention via its extended outpatient services. "Mental health and addiction disorders are very treatable diseases, but, unfortunately, due to the stigma associated with mental illness, too often people don't seek the help they need," stated Aurora CEO Bruce Waldo. "It is our continual goal to help stamp out the associated stigma and to provide exceptional care in order to aid in people's recovery so that they can lead healthy, productive lives."

Construction will take approximately one year and the expansion will add 60 jobs to the local area. Aurora is privately owned by Signature Healthcare Services, Inc., based in southern California and has hired Scottsdale based builder and general contractor UEB to lead the project and Las Vegas based In2it Architecture as its architectural firm.

Aurora Behavioral Health System is Arizona's largest free-standing psychiatric hospital system with 175 acute, level-1 beds within two facilities serving the east and west valleys in the Phoenix area. Aurora West in Glendale, AZ has 100 inpatient beds and Aurora East in Tempe, AZ has 75 inpatient beds. Both hospitals are licensed by the State of Arizona, accredited by The Joint Commission (TJC) and certified by The Centers for Medicare and Medicaid Services for inpatient and outpatient services. Aurora offers adolescent, adult and senior adult mental health, dual diagnosis, detox and substance abuse treatment services.

###