

Inpatient

- Begin Aurora treatment process
- Diagnosis and medication
- Group therapy
- Education
- Family session

Partial Hospitalization

- Day treatment program for adult mental health
- Monday-Friday / 5-10 days
- Intensive
- Group setting
- See MD once/week
- Transportation & lunch provided

Intensive Outpatient

- Adult mental health and chemical dependency
- Adolescent mental health
- 3x/week, 3 hrs/session, 8 weeks avg
- Group setting
- Can continue work or school
- Transportation provided

Aftercare

- Ongoing support for all Aurora patients for a year following discharge
- Free of charge
- 1 60-minute support group/week
- Mental health & chemical dependency groups available

Individual Therapy

- E.g. psychiatrist, nurse practitioner, psychologist, therapist, counselor
- Can see while attending Aurora treatment
- Part of discharge plan